

Letter written to The Capital, the weekly newspaper in Three Hills, November 7, 2012

I hope this helps you decide

Dear Editor,

When it's time for anyone to make a big change, it's hard. Especially when you've gotten comfortable in your home, but your health and safety are at risk. You do the best you can at getting the daily job of keeping the house and yard neat in appearance, even though you know that your back can't take this anymore. You try to fool your loved ones and friends that you're not hurting and you take pain medicine to get by. Slowly, but surely, you being losing balance and that's when you know that you are taking quite a risk. A risk you are willing take because you don't want anyone to worry about you.

My mom is one of those people. We all love her so much and want her safe and

happy, just like she kept us all these years. She has taken a couple of falls, and after her last bad fall, it was time to leave home and make the big change of moving to the Golden Hills Lodge in Three Hills. Although a little reluctant, she cooperated and we worried about what the change could do to her.

As if luck would have it, Three Hills has a fantastic Lodge. The first thing we noticed was how happy, friendly, and content the people were. Along with that was noticing how professional, pleasant, and loving the staff was. We couldn't help but notice the aroma coming from the kitchen that the chef knew what he was doing. It made us want to sit down and have something to

eat. They have so many activities that give everyone a chance to get to know the rest while playing games, making things, and I could go on and on. Only one week went by and we saw our mother in better shape and glowing. The best shape she's been in years. Rating the Lodge on a scale of 1 to 10, I would have to give it an 11.

The main purpose of this letter has a double blade. First is to give a big hats off and hug to everyone involved in making this home such a success. The second is for both the next elder and family wondering what to do. I hope this helps you decide. Thanks to the Lodge, we know she's safe and happy.

D.T.