

# NEWSLETTER

## December 2021

Golden Hills Lodge



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# Editor's Desk

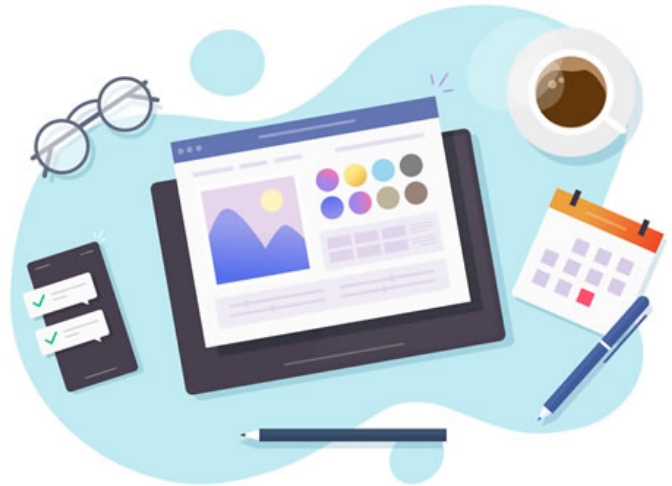
Hello Residents, Families and Friends!

Wow! How did we get to December so fast! Seems like it was just summer! You guys have been so great through another tough year, thank you for being patient as we navigate these unprecedented times.

Keep an eye on the activity calendar, as we have a lot of fun Christmas themed activities!

Keep Safe!

*Morgan*



## December Trivia

Babies born the last month of the year are more likely to live the longest!

Zodiac signs: **Sagittarius & Capricorn**

Birthstone: **Turquoise**

Flower: **Holly**

## Quote of the Day

*Think and  
wonder, wonder  
and think.*

– Dr. Seuss



# Month in Review

## Halloween/ Birthday Party!

What a fun array of food we had!  
Thank you staff and volunteers  
for helping!



## Trick or Treat!

We even got to hand out  
candy bags to kids in the  
community!

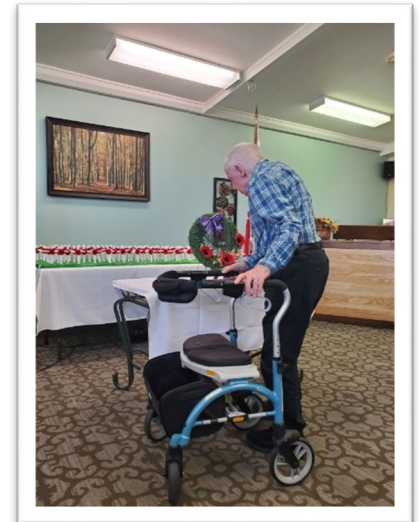




# Month in Review

## Remembrance Day Service

Thank you to those brave men and woman who served our country.



## Lantern Fundraiser Decorating Crew:

We were given 30 beautiful lanterns, that we decorated for a fundraiser auction!



## Operation Christmas Child

We raised \$350 and packed 17 very full boxes!



# Upcoming Events

## Paper Bag Snowflakes

Thursday, December 2<sup>nd</sup> at 2:00pm

## Decorate Christmas Trees

Friday, December 3<sup>rd</sup> at 1:30pm

## Christmas Lights Tour Around Three Hills

Tuesday, December 7<sup>th</sup> at 6:30pm

Tuesday, December 21<sup>st</sup> at 6:30pm

## Christmas Tree Lighting

Wednesday, December 8<sup>th</sup> at 6:30pm

## Decorate Christmas Cookies

Wednesday, December 15<sup>th</sup> at 2:00pm

## Staff Christmas Party

Wednesday, December 22<sup>nd</sup> at 2.00pm



# Regular Events

Reading with June Every Friday at 11am

Three Hills Ministerial Service Every Sunday at 4pm

Card Games in  $\frac{3}{4}$  coffee room every morning at 10am

Nimble Fingers Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday at 9:00am

Library every 2<sup>nd</sup> and 4<sup>th</sup> Thursday at 10:00am-  
11:30am

Listen to a Bible Study every Saturday at 10:00am

## Special Days

1 <sup>st</sup>	Summer (S. Hem)
4 <sup>th</sup>	National Cookie Day (US)
5 <sup>th</sup>	Intl. Volunteer Day
7 <sup>th</sup>	Intl. Civil Aviation Day
18 <sup>th</sup>	Paul Klee's Birthday
21 <sup>st</sup>	Winter (N. Hem)
25 <sup>th</sup>	Christmas
26 <sup>th</sup>	Boxing Day
31 <sup>st</sup>	New Year's Eve

# December Birthdays

We don't have any birthdays this month!

Woody Allen, Filmmaker, 1<sup>st</sup> December 1935  
Ozzy Osbourne, Singer, 3<sup>rd</sup> December 1948  
Steven Spielberg, Filmmaker, 18<sup>th</sup> December 1946  
Brad Pitt, Actor, 18<sup>th</sup> December 1963  
Jane Fonda, Actor, 21<sup>st</sup> December 1937  
Samuel L. Jackson, Actor, 21<sup>st</sup> December 1948  
Denzel Washington, 28<sup>th</sup> December 1954  
Tiger Woods, Golfer, 30<sup>th</sup> December 1975  
Anthony Hopkins, Actor, 31<sup>st</sup> December 1937  
Frank Sinatra, Singer & Actor, 30<sup>th</sup> December 1915

## **Sagittarius (Nov 23 - Dec 21)**

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

## **Capricorn (Dec 22 – Jan 19)**

Capricorns are responsible, disciplined and have good managers

WOW!

### **Product Birthday Spotlight: [Waterproof Material](#)**

Charles Macintosh, the Scottish inventor, patented the first waterproof material in 1823.  
The Mackintosh raincoat was named after him.

# Poem to Share

## Mother To Son

by Langston Hughes

Well, son, I'll tell you:  
Life for me ain't been no crystal stair.  
It's had tacks in it,  
And splinters,  
And boards torn up,  
And places with no carpet on the floor —  
Bare.  
But all the time  
I've been a-climbin' on,  
And reachin' landin's,  
And turnin' corners,  
And sometimes goin' in the dark  
Where there ain't been no light.  
So, boy, don't you turn back.  
Don't you set down on the steps.  
'Cause you finds it's kinder hard.  
Don't you fall now —  
For I've still goin', honey,  
I've still climbin',  
And life for me ain't been no crystal stair.

# Noticeboard



## NEW RESIDENTS

A very warm welcome to:

- **Donna DuBois**

We hope that you enjoy your time here!

## RESIDENT BUCKS

We have done ONE month of Resident Bucks! I hope you continue to come out to activities to gain more bucks to spend at the end of each month!

(Birthday Teas do not count towards Resident Bucks)

## NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

- **Jason V**

We hope that you enjoy your time here!

## CHRISTMAS TREE DECORATING

This is your home! If you miss decorating your trees, we have a few that need your help!

Please come and join us as we all work together to decorate the trees around the Lodge!

Meeting in the auditorium at 1:30 on December 3<sup>rd</sup>

## IN MEMORIAM

To the families and friends of our late resident—may you be comforted by the knowledge that your loved ones are at peace.

- **Lydia Woodland**





# Laughing Matters



## **Clothes Shopping**

"Can I try on that suit in the window?" he asks.

The assistant replies "No. Use the changing room like everyone else"

## **Knitting**

The policeman couldn't believe his eyes when he saw a woman drive past him knitting.

He quickly pulled alongside the vehicle, wound down his window, and shouted

"PULL OVER!"

"No" she replied, "SOCKS!"

## **Fried Eggs**

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen.

'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!'

The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?'

The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

# Spotlight

## Brianne Rothfus-Volunteer

My father worked for imperial oil my whole life, so we moved around a few times. I can't say I grew up in one place. The two places I can say we lived in the longest was in the Northwest Territories for 6 years in a small town called Norman Wells. We had a population of 500 there. It was a great place to be kid. We lived on the MacKenzie River at the base of the Franklin Mountains. After that we moved back to Alberta in a town called Drayton Valley. There I graduated high school before going to university. I have



an older brother and a younger sister. I am the middle child:) We had a really wonderful childhood. Growing up in the NWT was a very unique experience and I have lots of fond memories there. As a family we were and still are very close to each other. When I was 14 my father started a new job with Exxon Mobile overseas building a new Exxon Plant in Chad Africa and so he had a one-month rotation. He would work in Chad for one month then fly home for one month. My parents were excellent at making sure the distance did not change much of our family dynamic and it made the time we did spend together so much more special. I met my husband Michael Rothfus in University at Augustana UofA in Camrose. We married in 2010 and moved to Edmonton to pursue my husband's Dental Hygiene education and career. In 2017 we moved to Three Hills where my husband now works as a Dental Hygienist at the local Dental Clinic. We were married in June 2010. We were both just 21 years old at the time :) so young! We have three boys. Andrew who is 6 yrs, Logan who is 4yrs and Matthew who is 2 yrs. They keep us wild and on our toes all the time! We love them so much!

I went to the University of Alberta in Camrose at their rural Augustana campus and completed my Bachelor of Science in Psychology degree. I then attended the University of Alberta at their main campus in Edmonton where I completed a Bachelor of Arts in Recreation and Tourism focusing on Recreation Therapy.

**Fun Fact:** I am a huge fan of the British Royal Family. I enjoy following their history and stories and also grew up as a big Disney Fan. My family has a brick etched into the sidewalk on main street in Disneyland with our names on it!

**What are you most looking forward to about volunteering at the Lodge?** I am most looking forward to getting to know the residents, learning from them and spending time together.

# Word Search

## WINTER CHRISTMAS



L Q S H O V E L W H I T E I  
Y D W O G S L E D D I N G K  
W U O C H O L L Y Q W I N D  
F S N K A M S T O C K I N G  
I J D E F R O S T Y L H M R  
C A E Y D P P C W S G H I E  
I C R T S K A T I N G J T I  
C K L F I R E P L A C E T N  
L E A S N O W F L A K E E D  
E T N L Y F R O Z E N G N E  
W W D E H O L I D A Y Q S E  
D U P D S N O W M A N E O R

Mittens

Icicle

Snowman

Shovel

Snowflake

Reindeer

Stocking

Frosty

Fireplace

Holly

Holiday

Skating

Frozen

Jacket

Sledding

Wonderland

Wind

Sled

Hockey

White