

NEWSLETTER

March 2022

Golden Hills Lodge- 403 443 5333



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Editor's Desk

Hello Residents, Families and Friends!

Happy March! Wow, I just can't believe we are in March already! I have been having lots of fun planning and participating in all the activities thus far. I hope you are finding a few things that pique your interest. I'm always open to hearing new ideas, so please feel free to come chat with me!



As per usual, keep an eye on the activity calendar so you don't miss out on some of the fun activities planned!

Keep safe & healthy!

Morgan

March Trivia

March was named after Aka, the Roman God of War, a mythical ancestor of the Romans and father of Romulus and Remus.

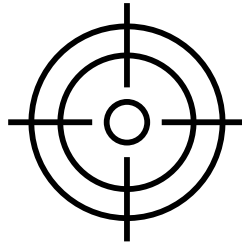
Zodiac signs: **Pisces & Aries**
Birthstone: **Aquamarine**
Flower: **Daffodil**

Quote of the Day

You are never too old to set another goal or to dream a new dream.

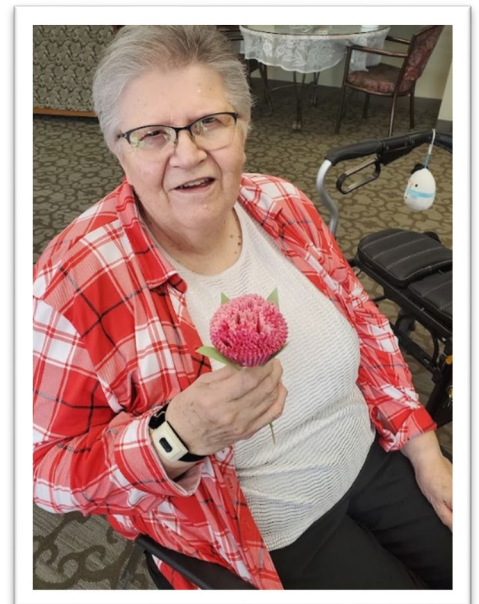
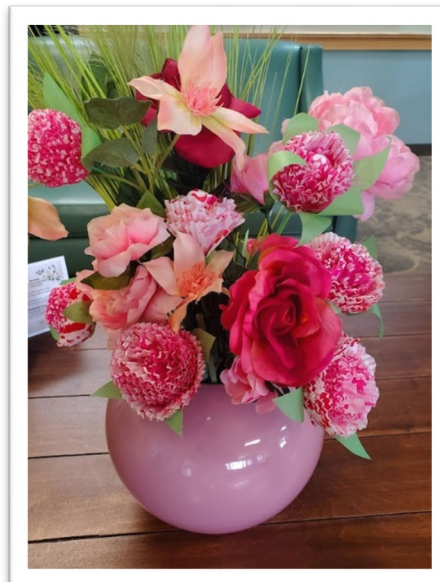
– C.S. Lewis

Month in Review



Shooting Range

We got to brush up on our shooting skills this month, I'm happy to say that everyone walked away uninjured! Come join us in March as we continue to brush up on this skill!



Flowers made with Cupcake Liners

In preparation for Valentine's Day we made some cupcake liner flowers! Pretty amazing what you can make out of something like a cupcake liner! The bouquet sat in the main entrance and caught many eyes!

Month in Review



Three Hills Dental gave each resident a beautiful Carnation for Valentine's Day. What a lovely community we are apart of!



A very Happy Birthday to those who celebrated it in February! Thank you to IGA and our sponsor for the beautiful cake!



Upcoming Events

Coloring and Coffee Club

Wednesday, March 16th at 2:00

St Patrick's Cookies & Coffee

Thursday, March 17th at 2:00

Spring Formal

March 21st at 5:00pm

Birthday Tea

Wednesday, March 23rd at 2:00

Armchair Travel to Indonesia

Wednesday, March 30 at 2:00

Last Resident Buck Shopping

Thursday, March 31 at 2:00



Regular Events

Reading with June Every Friday at 11am

Three Hills Ministerial Service Every Sunday at 4pm

Card Games in $\frac{3}{4}$ coffee room every morning at 10:30am

Nimble Fingers Every 2nd Thursday at 9:00am in Yarn

Barn

Library every 2nd and 4th Thursday at 10:00am-11:30am

Listen to a Bible Study every Saturday at 10:00am

Watch Prairie Tab Church Service in Auditorium at 10:30am every Sunday

Golden Hills Lodge

Special Days

- 1st Shrove Tuesday
- 1st Chopin's Birthday
- 1st St. David's Day
- 1st World Day of Prayer
- 3rd World Wildlife Day
- 8th Intl. Women's Day
- 15th The Ides of March
- 17th St. Patrick's Day
- 20th Spring (N.Hem)
- 21st Harmony Day
- 21st Intl. Day of Forests
- 21st World Poetry Day
- 22nd World Water Day
- 23rd World Meteorological Day
- 25th Greek Independence

March Birthdays

In March, we celebrate birthdays with **7** residents!!

Please join us in the auditorium on March 23rd at 2:00 to celebrate!



- Catherine O'Hara, Actress, 4th March 1954
- Shaquille O'Neal, Basketball Player, 6th March 1972
- Liza Minelli, Actress & Singer, 12th March 1946
- Albert Einstein, Physicist, 14th March 1879
- Michael Caine, Actor, 14th March 1933
- Bruce Willis, Actor, 19th March 1955
- Steven McQueen, Actor, 24th March 1930
- Elton John, Singer, 25th March 1947
- Vincent van Gogh, Painter, 30th March 1853
- Celine Dion, Singer, 30th March 1968

Pisces (Feb 19 – Mar 20)

Pisces are friendly and selfless. They are always willing to help others

Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

WOW!

Product Birthday Spotlight: The Rubber Band

In 1843, Charles Goodyear discovered that if you removed the sulfur from rubber then heated it, it would retain its elasticity and make rubber waterproof and winter-proof. The first rubber band was patented by Stephen Perry of London in April 1845.

Poem to Share

Housekeeping

by Natasha Tretheway

We mourn the broken things, chair legs
wrenched from their seats, chipped plates,
the threadbare clothes. We work the magic
of glue, drive the nails, mend the holes.
We save what we can, melt small pieces
of soap, gather fallen pecans, keep neck bones
for soup. Beating rugs against the house,
we watch dust, lit like stars, spreading
across the yard. Late afternoon, we draw
the blinds to cool the rooms, drive the bugs
out. My mother irons, singing, lost in reverie.
I mark the pages of a mail-order catalog, listen for
passing cars. All-day we watch for the mail, some
news from a distant place.

Noticeboard



IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Betty Delcroix**

LIBRARY SERVICE

We have a library service that brings books from the Three Hills Library to the Lodge. This service is available every 2nd and 4th Thursday of the month.

HAIRDRESSER

We have a hairdresser who comes to the Lodge throughout the week. To make an appointment, please write your name on the whiteboard on the salon door (located in Unit 3). If you need assistance please contact Wendy or talk to the Lodge Office.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your ideas to Morgan or the Lodge Office!

Thank you!

SPRING FORMAL

We wanted to throw a party to celebrate the start of Spring! Please dress up and join us in welcoming in the new season with great company and delicious food!

Laughing Matters



Searching for Love

Fred is 32 years old and he is still single.

One day a friend asked, “Why aren’t you married? Can’t you find a woman who will be a good wife?”

Fred replied, “Actually, I’ve found many women I wanted to marry, but when I bring them home to meet my parents, my mother doesn’t like them.”

His friend thinks for a moment and says, “I’ve got the perfect solution, just find a girl who’s just like your mother.”

A few months later they meet again and his friend says, “Did you find the perfect girl? Did your mother like her?”

With a frown on his face, Fred answers, “Yes, I found the perfect girl. She was just like my mother. You were right, my mother liked her very much.”

The friend said, “Then what’s the problem?”

Fred replied, “My father doesn’t like her.”

Mr. Beaumont

The enormous diamond ring a woman wore on a luxury cruise attracted much attention from fellow passengers.

“It’s the Beaumont diamond,” she told her table companions, “and like the notorious Hope diamond, it carries a terrible curse.”

“What’s the curse?” they asked.

“Mr Beaumont,” she explained.

Word Search

MARDI GRAS



U B A L C O N Y A M A S K S
F R E N C H Q U A R T E R K
K J E A N L A F I T T E Z X
P J A C K S O N S Q U A R E
G O C R A W F I S H B O I L
O M U F F A L E T T A G L P
C O B B L E S T O N E I D I
X V N E W O R L E A N S G T
B E A D S A L L I G A T O R
D Y E F A T T U E S D A Y W
L O U I S A R M S T R O N G
B C H C E L E B R A T I O N
G A R D E N D I S T R I C T
Y K M A R D I G R A S J T L

Jackson Square
Louis Armstrong
Celebration
Fat Tuesday

Crawfish Boil
New Orleans
Garden District
Jean Lafitte

Cobblestone
French Quarter
Mardi Gras
Muffaletta

Alligator
Beads
Balcony
Masks