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| NEWSLETTER  May 2022  Golden Hills Lodge: 403 443 5333 | |
|  | **IN THIS ISSUE**  **Editor’s Desk ..……… 2**  **Month in Review ……. 3**  **Upcoming Events …….4**  **May Birthdays ……. 5**  **A Poem to Share .….. 6**  **Noticeboard ……..….. 7**  **Laughing Matters ……. 8**  **Spotlight …………… 9**  **Word Search ………… 10** |



# Editor’s Desk

Hello Residents, Families and Friends!

This last month was challenging for everyone, but I want to thank you for being patient and understanding as things are constantly changing!

I’m excited to start activities up again and get back into shape with those morning exercises! I encourage you to come out and try something new this month!

Keep Safe!   
Morgan

**Quote of the Day**

A person who never made a mistake never tried anything new.

– Albert Einstein

**May Trivia**

The Month of May. May is named for the Roman goddess Maia, who oversaw the growth of plants.

Zodiac signs: **Taurus & Gemini**Birthstone: **Emerald**  
Flower: **Lily of the Valley**

**A picture containing flower, wall, indoor, plant

Description automatically generatedA picture containing necklet

Description automatically generated**

# Month in Review

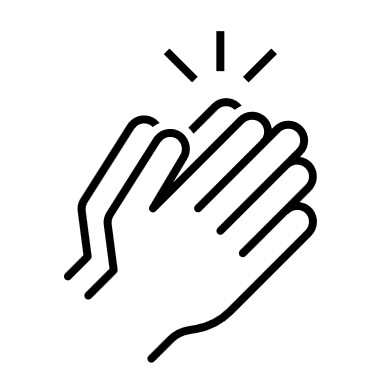
A picture containing wall, indoor

Description automatically generatedAn old person sitting at a table

Description automatically generated with medium confidence

**Upcycled Spring Wreaths**

We got to create these beautiful spring wreaths by using the leftover flowers from our Spring Banquet in March. They sure do brighten up the hallways!

A picture containing person, indoor, family

Description automatically generatedA picture containing text, ceiling, indoor, window

Description automatically generated

**Thank you to GHL Staff**

We had some amazing kitchen staff go above and beyond this last month.

Be sure to thank them for all they do!

**Comment about photo**

Mary Lou enjoying time in the garden. The weather has been beautiful and residents have been enjoying spending time outdoors.

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# Upcoming Events

**Seniors Outreach Presentation**Thursday, May 5th at 10:00am

**Mother’s Day Tea**  
Monday, May 9th at 2:00pm

**Bus Trip out to the Country- Please sign up!**Monday, May 16th at 2:00pm

**Special Days**

4th  Space Day

5th Cinco de Mayo

8th Mother’s Day

12th Intl. Nurses Day

14th Migratory Bird Day

22nd Biological Diversity Day

23rd World Turtle Day

28th Cannes Film Festival

30th Memorial Day

**RCMP Fraud and Scam Awareness Presentation**

Friday, May 13th at 2:00pm

**Ice Cream Bar**  
Thursday, May 19th at 2:00pm

**Armchair Travel to Italy**    
Tuesday, May 31st at 2:00pm

Regular Events

Reading with June Every Friday at 11am

Three Hills Ministerial Service Every Sunday at 4pm

Card Games in ¾ coffee room every morning at 10:30am

Library every 2nd Thursday at 10:30am-11:30am in the Bird Room

Listen to a Bible Study every Saturday at 10:00am

Watch Prairie Tab Church Service in Auditorium at 10:30am every Sunday

# May Birthdays



In May, we celebrate 3 birthdays!

Please join us in the auditorium on Wednesday,

May 25th at 2:00pm to celebrate!

**Taurus (Apr 20 – May 20)**

Taureans are dependable, logical, and overall peaceful beings

**Gemini (May 21 – Jun 21)**

Geminis love to learn and they never stop wondering about the unexplained

Glenn Ford, Actor, 1st May 1916

Bing Crosby, Singer, 2nd May 1904

Lesley Gore, Singer, 2nd May 1946

Audrey Hepburn, Actress, 4th May 1929

Karl Marx, Philosopher, 5th May 1818

Sigmund Freud, Psychiatrist, 6th May 1856

Orson Welles, Actor, 6th May 1915

Stevie Wonder, Singer, 13th May 1950

Peggy Lee, Singer, 26th May 1920

Clint Eastwood, Actor, 31st May 1930



**Product Birthday Spotlight: Barbie Doll**

On May 9 1958, Mattel's Barbie doll was registered. The Barbie doll was invented in 1959 by Ruth Handler (co-founder of Mattel), whose own daughter was called Barbara.

# Poem to Share

**The Rose Family**Robert Frost

The rose is a rose,

And was always a rose.

But the theory now goes

That the apple's a rose,

And the pear is, and so's

The plum, I suppose.

The dear only knows

What will next prove a rose.

You, of course, are a rose -

But were always a rose.



# Noticeboard

**New Residents**

A very warm welcome to:

* **Joyce B**

We hope that you enjoy your time here!

**Three Hills Library Service**

NOTICE OF CHANGE: Due to the lack of demand in recent months, the library will now ONLY be every 2nd Thursday of the month from 10:30-11:30 in the **BIRD ROOM.**

**In Memoriam**

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

* **Abe Wiebe**
* **Barb Penner**
* **Irene Jacques**

**Lodge Library Lines**

Thanks to all of you who are making use of the 'Book Return' boxes that are placed at both of our library shelves.

Also, a few residents have donated some of their own books to our library. If you have books you think other residents might like to read and want to donate them to our library, please contact Donna so she can place them in our **'New To Us'** section of the library. Please don't put them in the Return Box as we won’t know if they are new.

Sorting and organizing the books is slowly progressing and suggestions are welcome.

*Be happy, read a book!*

**Seniors outreach**

We have a wonderful service available to us in this community. Terry Schlinker will join us on May 5th at 10:00am to share about the various services that are available for you!



# Laughing Matters

**The Pearly Gates**

A woman died and found herself standing outside the Pearly Gates, being greeted by St. Peter.  
She asked him, "Oh, is this place what I really think it is? It's so beautiful. Did I really make it to heaven?"

To which St. Peter replied, "Yes, my dear, these are the Gates to Heaven. But you must do one more thing before you can enter."

The woman was very excited and asked St. Peter what she must do to pass through the gates.

"Spell a word," St. Peter replied.  
"What word?" she asked.  
"Any word," answered St. Peter. "It's your choice."  
The woman promptly replied, "Then the word I will spell is love. L-o-v-e."

St. Peter congratulated her on her good fortune to have made it to Heaven and asked her if she would mind taking his place at the gates for a few minutes while he took a break.

"I'd be honored," she said, "but what should I do if someone comes while you are gone?"

St. Peter reassured her and instructed the woman simply have any newcomers to the Pearly Gates to spell a word as she had done.

So the woman is left sitting in St. Peter's chair and watching the beautiful angels soaring around her, when low and behold, a man approaches the gates, and she realizes it is her husband.

"What happened?" she cried, "Why are you here?"

Her husband stared at her for a moment, then said, "I was so upset when I left your funeral, I was in an accident. And now I am here? Did I really make it to Heaven?"

To which the woman replied, "Not yet. You must spell a word first."

"What word?" he asked.  
  
The woman responded, "Czechoslovakia''



Banyan Cypress Hawthorn Poplar

Mahogany Wollemi Sycamore Magnolia

Maple Rosewood Sequoia Eucalyptus

Elm Pine Banksia Spruce

Juniper Willow Peepal Casuarina