

NEWSLETTER

September 2022

Golden Hills Lodge 403-443-5333
814 1st St N



IN THIS ISSUE

Editor's Desk	2
Month in Review	3
Upcoming Events	4
August Birthdays	5
A Poem to Share	6
Noticeboard	7
Laughing Matters	8
Spotlight	9
Word Search	10

Editor's Desk

Hello Residents, Families and Friends!

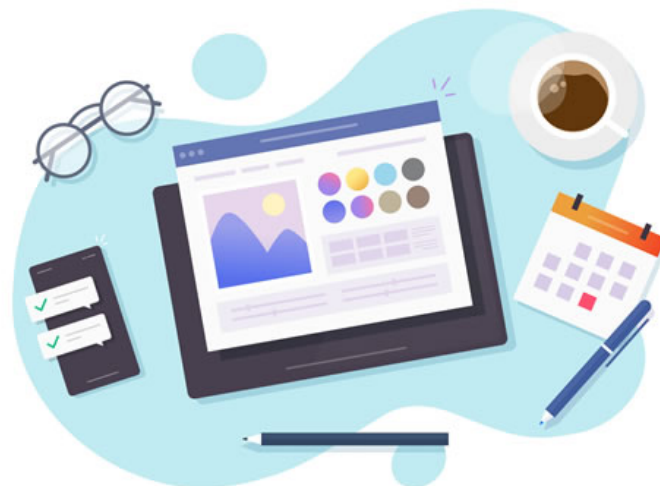
How did we get to September so fast! I hope you all had a wonderful summer and took advantage of those warm days.

I am looking forward to this month and all the new activities that are planned. Be sure to mark them down so you don't miss out!

Just a reminder to keep an eye on the activity posters and noticeboards for up-to-date information.

See you around!

Morgan



September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Quote of the Day

If the wind will not serve, take to the oars

- Latin proverb

Month in Review

Kneehill County History Presentation

The local museum brought their summer students over for a presentation on our county. We learned about the small town of Huxley and uses of ancient rock tools.



Ring Toss

This is one of our favorite large group games! It is so fun to see more and more residents come out and join.

It looks easier than it really is! Come try it out in September!



Dance Celebration Studio Performance

This month we had the privilege of welcoming the local dance studio back into the Lodge. They performed 7 choreographed dances for us. The kids did absolutely wonderful, and we enjoyed watching!



Upcoming Events

Dog Meet & Greet (Puppy Parade)

Friday, September 23rd at 2:00pm North of Auditorium

Meet & Greet with Primary Care Program from Prairie

Wednesday, September 14th at 10:45am in Auditorium

Golden Hills Lodge Garage Sale

Monday, September 19th from 1:00pm-4:00pm in
Parking Lot

Resident Meeting

Tuesday, September 20th at 2:00pm in Auditorium

Men's Breakfast

Thursday, September 22nd at 8:00am in $\frac{3}{4}$ Coffee Room

Armchair Travel to Germany

Monday, September 26th at 2:00pm in Auditorium

Baking Apple Crisp

Thursday, September 29th at 1:30pm in $\frac{3}{4}$ Coffee Room

Regular Events

Reading with June Every Friday at 11:00am

Games in $\frac{3}{4}$ Coffee Room every morning

Library every 2nd Thursday at 10:30am-11:30am in the Bird Room

Three Hills Ministerial Service Every Sunday at 4pm

Prairie Tab Church Service in Auditorium at 10:30am every Sunday



Special Days

7 th	Brazilian Independence
11 th	Assisted Living Week
12 th	Chocolate Milkshake Day
16 th	Mexican Independence
17 th	Oktoberfest
19 th	Talk Like a Pirate Day
21 st	International Peace Day
21 st	World Gratitude Day
24 th	Native American Day
25 th	Comic Book Day
25 th	Rosh HaShanah
28 th	Confucius' Birthday
30 th	World Maritime Day

September Birthdays

In September, we celebrate
1
Birthday!



Please join us in celebrating with our fellow residents on September 21st at 2:00pm in the Auditorium.

Freddie Mercury, Musician, 5th September, 1946

Buddy Holly, Musician, 7th September 1936

Peter Sellers, Actor, 8th September 1925

Agatha Christie, Writer, 15th September 1890

Lauren Bacall, Actor, 16^h September 1924

Lance Armstrong, Cyclist, 18th September 1971

Stephen King, Author, 21st September 1947

Andrea Bocelli, Singer, 22nd September, 1958

Bruce Springsteen, Singer, 23rd September 1949

Michael Douglas, Actor, 25th September 1944

Virgo (Aug 22 - Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

Libra (Sep 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

WOW!

September in History: The Great Fire of London, September 2 1666

The Great Fire of London began in a bakery in Pudding Lane near the Tower.

The fire gutted the medieval City of London inside the old Roman city wall. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.

Poem to Share



“Hope” is the thing with feathers

“Hope” is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops – at all –

And sweetest – in the Gale – is heard –
And sore must be the storm –
That could abash the little Bird
That kept so many warm –

I’ve heard it in the chilliest land –
And on the strangest Sea –
Yet – never – in Extremity,
It asked a crumb – of me.

- Emily Dickinson



Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Mickey N**
- **Douglas B**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late resident—may you be comforted by the knowledge that your loved ones are at peace.

- **Ruth Bellamy**

NEW STAFF

A warm welcome also goes out to the people who joined our team in the past month!

- **Lindsey**
- **Crystal**

We hope that you enjoy your time here!

ATB FINANCIAL TIME CHANGE

We are very privileged to have the local ATB branch come once a month to help with any financial inquiries.

Starting this month they will be in the auditorium at 9:00am every second Thursday of the month. The reason for the change is to accommodate their staffing schedule.

This being said, there will not be exercises on the second Thursday of each month.

If you have any questions, please come see me!

ACTIVITY IDEAS

I appreciate hearing feedback about different activities. I also like to hear new ideas from YOU!

So if you have an idea that you would like to see happen around the Lodge, please come chat with me!

GARAGE SALE

If you have any items you would like to donate to the Garage Sale, come talk to Morgan!

Laughing Matters



MY RESUME...

My first job was working in an orange juice factory, but I got canned ...couldn't concentrate.

Then I worked in the woods as a lumberjack, but I just couldn't hack it, so they gave me the ax.

After that I tried to be a tailor, but I just wasn't suited for it ... mainly because it was a so-so job.

Next I tried working in a muffler factory but that was too exhausting.

Then I tried to be a chef -- figured it would add a little spice too my life, but I just didn't have the thyme.

I attempted to be a deli worker, but any way I sliced it, I couldn't cut the mustard.

My best job was being a musician, but eventually I found I wasn't noteworthy.

I studied a long time to become a doctor, but I didn't have any patience.

Next was a job in a shoe factory; I tried but I just didn't fit in.

I became a professional fisherman, but discovered that I couldn't live on my net income.

I managed to get a good job working for a pool maintenance company, but the work was just too draining.

So then I got a job in a workout center, but they said I wasn't fit for the job.

After many years of trying to find steady work I finally got a job as a historian until I realized there was no future in it.

My last job was working at Starbucks, but I had to quit because it was always the same old grind.

SO I RETIRED AND I FOUND I AM PERFECT FOR THE JOB!

Spotlight Resident



Claire Roberts

Claire grew up on a farm near Hoosier, Saskatchewan with 3 brothers and 3 sisters! When asked what growing up was like, Claire responded with “FUN!”

Claire completed all 12 grades in Hoosier and managed to snag the only good-looking boy in town! Claire met her husband Nelson in 7th grade and eventually got married after school. Claire and Nelson

were married in 1954 and they brought 5 beautiful children into the world, Cheryl, Joni, Lane, Glenna, and James.

This family of 7 was constantly on the move, Nelson was a Station Agent and moved to various stations that need a Relief Agent. They travelled to 7 different stations before Nelson had enough seniority to get his own station. One of those towns happened to be here in Three Hills, and now the Station House is part of the Three Hills Museum. Claire said one of her hats is still in the closet in the Station House!

One of Claire’s fondest memories from her life is her time as a Trick Rider! Claire and her sister were the first woman trick riders in Canada! They travelled across Canada to perform in rodeos. Claire shared all the different types of tricks they would do on horseback, and she said, “*as long as the horse was running straight I could do tricks on the back*”. During her 12 or so years as a trick rider she never had a huge tumble that resulted in an injury! Claire shared a story of a time where her and her sister rode in a show with their little daughters on the horse with them!

The biggest lesson that Claire has learned this far is, “*to carry Jesus in your heart and love where you are!*” .

Claire has loads of great stories to share, so do come and chat with her!

Word Search

TREASURE ISLAND



I A S V T R E A S U R E K L
V S S C W E J K D I V I N G
C A L H H B D M Y S T E R Y
C R O A O O U F L O T S A M
C O C G N R O C I K Y S Q A
A G L O Z D E N C R V K D R
P A I L B P L E E A C E E Q
T L P D Z M R L O R N L K R
A L P K R W L V W R N E Q W
I E E J P E S H A R K T E J
N O R I W C A R G O O O U R
U N H E O C T O P U S N G I
A S J M A R O O N E D T R G
Y Y V Z P S P Y G L A S S I

Shark

Buccaneer

Spyglass

Octopus

Shipwreck

Skeleton

Captain

Island

Jewellery

Clipper

Treasure

Marooned

Mystery

Diving

Galleon

Ashore

Schooner

Cargo

Flotsam

Gold