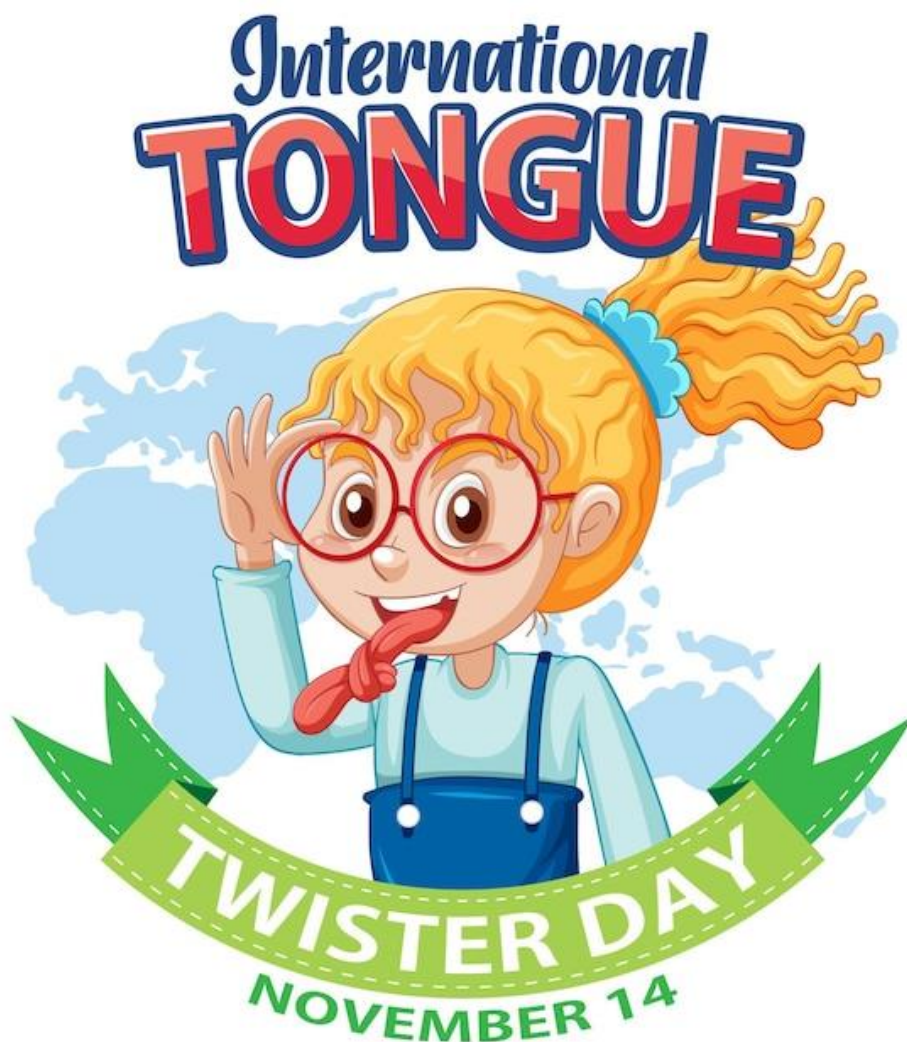


# NEWSLETTER

## November 2022

Golden Hills Lodge  
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# Editor's Desk

Hello Residents, Families and Friends!

We have had the best Fall this year; I hope everyone took advantage of all those warm sunny days.

I'm always open to hearing some new activity ideas so please don't hesitate to come chat with me!

Keep an eye on the calendar as there are a few new things on there!

Keep Safe!

*Morgan*



## November Trivia

As part of the seasonal calendar, November is the time of the 'Snow Moon' according to Pagan beliefs.

Zodiac signs: **Scorpio & Sagittarius**

Birthstone: **Topaz & Citrine**

Flower: **Chrysanthemum**

## Quote of the Day

*You only live once  
but if you do it  
right, once is  
enough.*

*-- Mae West*

# Month in Review

## Antique Tractor and Farm Tour

We took the bus to the Cullum's Farm where we got to walk around and tour their antique tractors and beautifully lush garden! Residents shared lots of memories of their years growing up on the farm.



## Thanksgiving Tea

We have so much to be thankful for! It was so lovely to all be together and share those things while we snacked on an assortment of cookies!



# Month in Review

## Baking Apple Crisp

We had an abundance of apples from the tree in the garden, so we got to work and made an apple crisp! It was so fun to see everyone's different baking styles! Of course, we had to eat the fresh crisp with a scoop of cold ice cream!



## Visit England with Don & Pam

Our Volunteers Don and Pam Richards have been here every Thursday afternoon to share about the history and architecture from their recent trip to England. It's been such a pleasure having them!



# Upcoming Events

## Personal Touch Fashions

Friday, November 4<sup>th</sup> from 1:00-3:00

## Remembrance Day Service

Thursday, November 10<sup>th</sup> at 11:00am

## Operation Christmas Child

Monday, November 14<sup>th</sup> at 2:00pm

## Resident Meeting

Tuesday, November 15<sup>th</sup> at 2:00pm

## Piano Concert with Callum!

Wednesday, November 16<sup>th</sup> at 6:30pm

## Armchair Travel to India

Monday, November 28<sup>th</sup> at 2:00pm



# Regular Events

Reading with June Every Friday at 11:00am

Games in  $\frac{3}{4}$  Coffee Room every morning

Library every 2nd Thursday at 10:30am-

11:30am in the Bird Room

Three Hills Ministerial Service Every Sunday at  
4pm

Prairie Tab Church Service in Auditorium at  
10:30am every Sunday

## Special Days

- 1<sup>st</sup> All Saints Day
- 1<sup>st</sup> World Vegan Day
- 1<sup>st</sup> Melbourne Cup
- 3<sup>rd</sup> Sandwich Day
- 5<sup>th</sup> Guy Fawkes Night
- 6<sup>th</sup> Adolphe Sax's Birthday
- 8<sup>th</sup> Tongue Twister Day
- 9<sup>th</sup> Inventors' Day
- 11<sup>th</sup> Remembrance Day
- 11<sup>th</sup> Veterans Day
- 13<sup>th</sup> World Kindness Day
- 14<sup>th</sup> Claude Monet's Birthday
- 19<sup>th</sup> International Men's Day
- 19<sup>th</sup> World Philosophy Day
- 21<sup>st</sup> World Hello Day
- 21<sup>st</sup> World TV Day
- 24<sup>th</sup> Thanksgiving
- 27<sup>th</sup> Advent

# November Birthdays

In November, we celebrate:

# 4 birthdays!

Please join us for cake on November 23<sup>rd</sup>!  
in November to celebrate!



Vivien Leigh, Actress, 5<sup>th</sup> November 1913  
Richard Burton, Actor, 10<sup>th</sup> November 1925  
Grace Kelly, Actress, 12<sup>th</sup> November 1929  
Charles, Prince of Wales, 14<sup>th</sup> November 1948  
Rock Hudson, Actor, 17<sup>th</sup> November 1925  
Bo Derek, Actress, 20<sup>th</sup> November 1956  
Goldie Hawn, Actress, 21<sup>st</sup> November 1945  
Bruce Lee, Actor & Martial Artist, 27<sup>th</sup> November 1940  
Winston Churchill, Prime Minister, 30<sup>th</sup> November 1874  
Mark Twain, Writer, 30<sup>th</sup> November 1835

## Scorpio (Oct 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

## Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

WOW!

### Product Birthday Spotlight: **Trivial Pursuit**

In November 1981, the board game Trivial Pursuit was copyright registered. The game was created by Canadians Chris Haney and Scott Abbott. After finding pieces of their Scrabble game missing, they decided to create their own game.

# Poem to Share

## A Poem for Ya'

*From your country cousin*

Your birthday's a coming  
Let the bells all ring out.  
They say as you age  
You carry more clout

People respect us ya' know.  
The older we get they  
Let us first into a washroom  
So we don't get wet

They speak like a fog horn  
In case we can't hear  
They call us names like  
"sweetie" or "dear"

They cover the furniture

When we come to visit  
Repeat every dog-gone  
word  
As if we'll miss it.

They feed us soft things  
When we come to eat  
For dessert- a sundae  
topped with ex-lax  
As a special little treat!

But that's alright  
For someday ya' see  
They'll be crochety ole'  
farts  
Like you and me!

# Noticeboard



## PERSONAL TOUCH FASHIONS

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Once again, we are welcoming back Personal Touch Fashions!

They will be in the Auditorium on November 4<sup>th</sup> from 1:00pm-3:00pm.

Be sure to stop by for a browse!

## NEW STAFF

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A warm welcome also goes to the people who joined our team in the past month!

- **Shannon**
- **Connor**

We hope that you enjoy your time here!

## LIBRARY LINES

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We have some new books in the “New to Us’ sections in the Bird Room Library.

If you have books that you would like to donate to our library, please come to see me (Morgan).

## REMEMBRANCE DAY VOLUNTEERS

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As many of you know, Remembrance Day is right around the corner. I am looking for about 4 or 5 residents to help partake in the Service on November 10<sup>th</sup>.

If you served or had family who served and you would like to pay tribute to them, please see Morgan.

## OPERATION CHRISTMAS CHILD

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Last year we raised \$350 from our residents which packed 17 very full boxes!

If you would like to donate and pack boxes please hand in all money before November 9<sup>th</sup> as I will need to go and buy the shoebox supplies.

If you do not want to pack a box and would just like to donate, come see Morgan!

## IN MEMORY

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To the families and friends of our late resident—may you be comforted by the knowledge that your loved ones are at peace

- **Deanna Lockwood**



# Laughing Matters



A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!"  
His father replied, "No, your mom was talking about her side of the family."

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Teacher: "Who can make a sentence with the word 'detail'?"

Little Johnny puts his hand up and goes to the front of the classroom.

He said: "When de rabbit jumps over de fence, de head goes before detail"

.....

A husband is reading a newspaper article to his wife.  
"Women use about 30,000 words to a man 's 15,000 " he reads.  
"That's because we have to repeat everything we say to men," she replies.  
Her husband puts down the paper and says "WHAT?"

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Son: "Dad, will you help me find the lowest common denominator in this math problem?"

Dad: "Don't tell me that still hasn't been found, they've been looking for it since I was in school!"

.....

# Tongue Twisters

Try saying each of these phrases at least 3 times as fast as possible. It won't take long before your tongue becomes twisted!

*Red leather, yellow leather*

*Mother Mingle makes wax matches*

*At Mr. Smith's fresh fish shop, she's welcoming him in*

*She sells sea shells on the sea shore  
the shells she sells are sea shells I'm sure!*

*I went into a felt shop  
and bought a piece of felt  
the piece of felt I felt  
doesn't feel like any piece of felt I felt before*

*Fuzzy wuzzy was a bear  
Fuzzy wuzzy had no hair  
Fuzzy wuzzy wasn't fuzzy was he?*

*1 1 was one racehorse.  
and 2 2 was one too  
1 1 won one race and  
and 2 2 won one too*