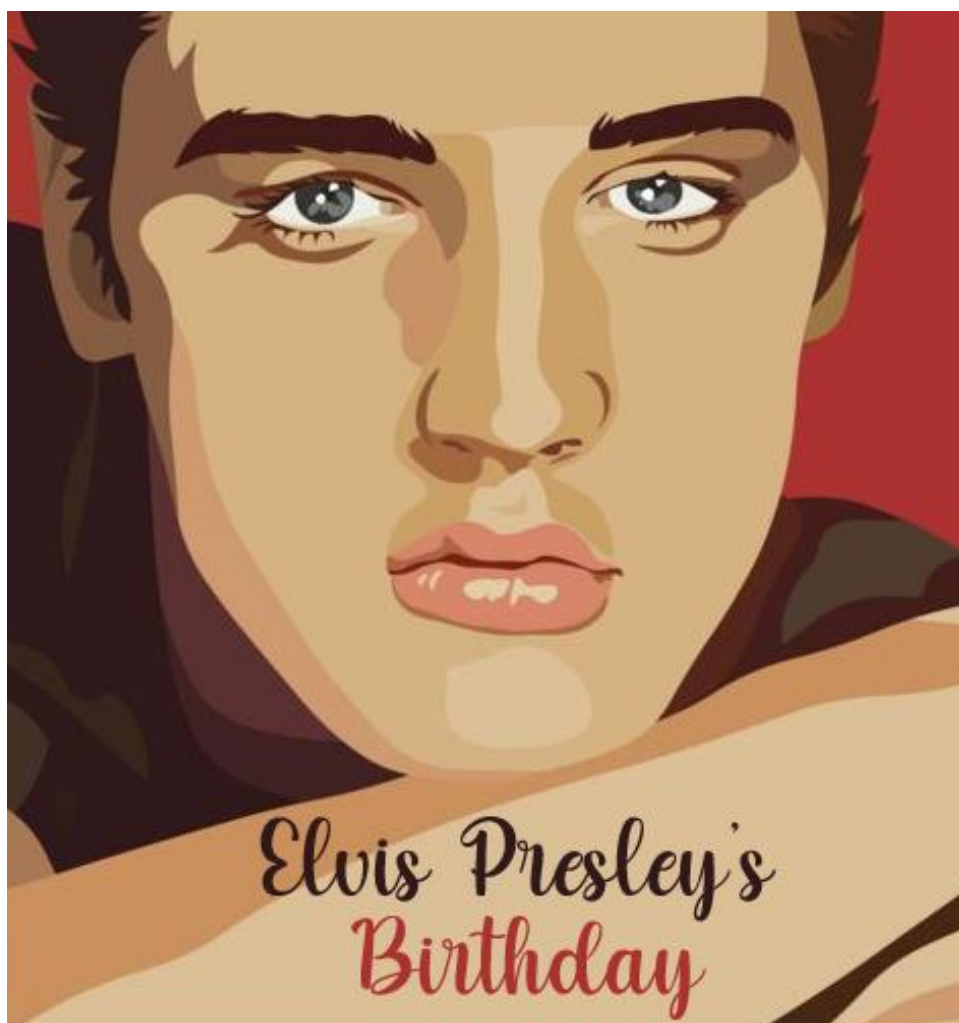


NEWSLETTER

January 2023

Golden Hills Lodge – 814 1st North – Three Hills, AB T0M 2A0
HAPPY NEW YEAR!!



IN THIS ISSUE

Editors Desk	2
Month in Review	3
Upcoming Events	5
January Birthdays	6
Spotlight	7
A Poem to Share	8
Noticeboard	9
Laughing Matters	10
Word Search	11

Editor's Desk

Hello Residents, Families and Friends!

Welcome to the new year, 2023!!

December had us enjoying many different Christmas themed performances and activities. I would like to say thank you to all who made our Christmas Season so full of Love, Joy and festive cheer! We really did have a wonderful time!



A new year brings hope and I look forward to what the coming year holds for us all! We will be celebrating the birthday of the iconic superstar, Elvis Presley. There is a new competition we have developed with our Neighbors at Robertson Manor and we will be taking a trip around the world to China as they celebrate Chinese New Year! Those are only a few of the many activities we have planned for you all, so be sure to check your activities calendar daily and I look forward to seeing you all out!

Brianne Rothfus

January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: **Capricorn & Aquarius**

Birthstone: **Garnet**

Flower: **Carnations**

Quote of the Day

*You can't help
getting older, but
you don't have to get
old.*

– George Burns

Month in Review

2022 Lodge Tree Lighting Party

We kicked off the Christmas Season with a great party Monday December 5th! It was great to have the community join us, young and old!

Thank you to the Prairie College Community Choir for leading us in some classic Christmas Carols.



Buddy The Elf had so much fun hiding around the Lodge for the Month of December! He had some excellent hiding spots!

- Behind the books in the puzzle room
- Inside a bathroom
- Behind Houseplants in the Game room

We look forward to him returning next year! Thanks Buddy!

We had so many wonderful Christmas Performances this month! Thank you to:

Pine Lake Singers
Manor Gospel Quartet
The Golden Oldies
Dance Celebrations
Prairie College Community Choir



We had a very Merry Christmas!

Staff Christmas Program: Larry and Shirley dancing



Feliz Navidad!!!



Gingerbread Houses: An outhouse, fishing shack and present.



Three Hills Dance Celebrations Xmas Program



Armchair Travel to Ukraine.

Upcoming Events

The Price is Right Game

January 3rd @ 2pm in the auditorium.

Elvis Presley Birthday Party:

Snacks, Music and Documentary

Monday January 9th @ 2pm in the Auditorium

Robertson Manor vs. Golden Hills Lodge Monthly Event

Face off against our neighbors in Floor Hockey!

Thursday January 12th @ 2pm, Lodge Auditorium

Resident's Meeting

Friday January 13 @ 2:00pm, Auditorium

Chinese New Year Celebration Day

Monday January 23 – See the Calendar for Events throughout the day

Chinese Food Buffet for Lunch, Chinese Paper Lanterns Craft, Chinese New Year Documentary.

Armchair Travel – To Hawaii

Tuesday January 31 @ 2:00pm, Auditorium

Regular Events

Exercises every morning @ 9:15 am in Auditorium

Walking Group every Tuesday @ 11am – Walk the TransCanada Trail with us this year!

Ministerial Services every Sunday @ 4pm in Auditorium

Hairdresser Amanda: Once a week – See Schedule on Salon Door.

Men's Breakfast every second Monday at 8am in the Unit 5 Dining Room

Bingo! Every 4th Tuesday at 2pm in the Auditorium



Special Days

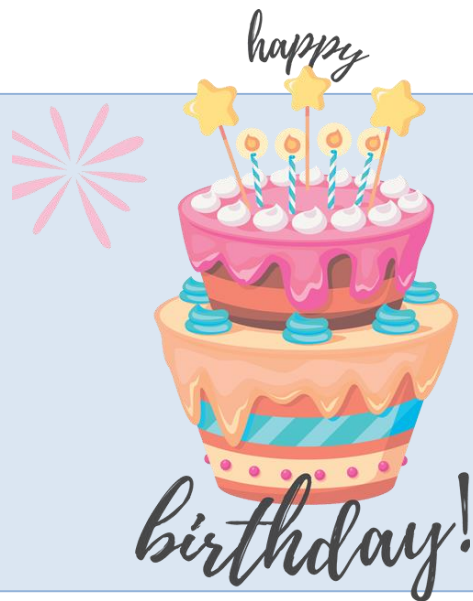
1 st	Hot Tea Day
3 rd	J.R.R. Tolkien's Birthday
6 th	Epiphany
8 th	Elvis Presley's Birthday
16 th	Martin Luther King Day
19 th	International Flower Day
21 st	International Hug Day
22 nd	Chinese New Year
25 th	Robert Burns Day
26 th	Australia Day
27 th	Mozart's Birthday
28 th	Jackson Pollock's Bday
29 th	Sundance Film Festival

January Birthdays

In January we will Celebrate

Four Birthdays

Please join us in the Auditorium on January 25th at 2pm to celebrate!



Elvis Presley, Singer, 8th January 1935
Stephen Hawkins, Physicist, 8th January 1942
David Bowie, Singer, 8th January 1947
Martin Luther King Jr., Activist, 15th January 1929
Muhammad Ali, Boxer, 17th January 1942
Betty White, Actress, 17th January 1922
Michelle Obama, First Lady, 17th January 1964
Kevin Costner, Actor, 18th January 1955
Janis Joplin, Singer, 19th January 1943
Neil Diamond, Rock Singer, 24th January 1941

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

WOW!

There are more twins now than ever before.

In 1915, one in every 50 babies born was a twin – this has now increased to 1 in 30. Scientists believe this trend is due to the fact that older women tend to have more twins, and women are

Spotlight

Joyce Johnson and Larry Burfield came to Golden Hills Lodge in September 2022. Welcome!

Joyce was born in Medicine Hat and moved to Kelowna, BC when she was 2 years old. There she stayed for most of her life until recently moving to Three Hills with Larry this fall 2022. Kelowna had become over developed and busy and they wished for a more quiet neighborhood. Joyce went to school in Rutland, a Subdivision of Kelowna from kindergarten to Grade 11. Following Grade 11 Joyce found a job working as a bookkeeper for a car dealership. She always loved bookkeeping and remained in that work throughout her life until she retired. Joyce has 2 sons, 3 grandkids, and 5 great grandkids, soon to be 6 this spring! One important lesson Joyce has learned: **“Not to cut my own hair!”**



Joyce's fondest memory would be meeting Larry. They met online and then in person. Their first visit was supposed to be 15 min long, but instead lasted many hours going for walks. The rest was history!

Larry grew up on a farm near Munson, AB and remained in the area until he was 64 years old. He lived on three different farms throughout his life in the Munson area. He attended Munson School for grades 1-9 and then Morrin School for Grades 10-12. Larry's first few years of working life was in farming. After a short while and few hailstorm disasters he decided to pursue Truck Driving for the oil field. He drove truck for a while which then led him into working for Conoco Phillips Oil Company. He remained working for Conoco Philips for 25 years. Larry has 2 sons; both live in two of Larry's original farmhouses he grew up in around Munson and has 5 grandkids. His fondest memories come from his days driving truck for the oil field and his favorite hobbies include photography and collecting old tractors.

Larry's favorite memory is meeting Joyce and her green jacket she wore for their first meeting! The biggest lesson Larry has learnt would be: **“Never take tomorrow for granted!”**

Both Joyce and Larry have many great stories to share, so please come have a chat with them!
WELCOME!

Poem to Share

“Hope” is the thing with feathers

by Emily Dickinson

“Hope” is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops – at all –

And sweetest – in the Gale – is heard –
And sore must be the storm –
That could abash the little Bird
That kept so many warm –

I’ve heard it in the chilliest land –
And on the strangest Sea –
Yet – never – in Extremity,
It asked a crumb – of me.

Noticeboard



LIBRARY SERVICE

The Three Hills Library Service has been cancelled moving forward as we have had no interest in their services for the past few months. Please feel free to access our own Golden Hills Lodge Libraries located in the Bird Room and Puzzle room. **We ask that when you are finished borrowing books from our library you return them to the boxes located at each library location in the building so others can enjoy them as well.**

HAIRDRESSER

We have a new Hairdresser that comes once a week. Her name is Amanda and she has her schedule and list of services posted on the Lodge's Salon Door. There is a sign up sheet to book a time with her.

CULTURAL CELEBRATION

In the month of January we will be learning about the Chinese New Year (Sunday, January 22). Please look at the Calandar to see our Theme Day Activities on January 23rd.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

OPEN BILLIARDS/POOL TIME

Throughout the month we will be having an *Open* Billiards/Pool time where anyone can come and play Pool together in the game room.

January's Times are:

January 13th @ 3:30pm

January 19th @ 2:00pm

January 27th @ 3:30 pm

Laughing Matters



Somebody

This is a story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did.

Somebody got angry about this, because it was Everybody's job.

Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done!

The minister

A minister, after listening to an impromptu campaign speech from a hopeful candidate for Mayor said.

"Before I vote for you, I'd like to know if you partake of intoxicating beverages."

Candidate: "Before I answer, tell me if it is an inquiry or an invitation."

The bus driver

A woman with a small child boards a bus and pays only her fare to the driver.

"That kid's older than five," says the driver. "You'll have to pay half fare for him."

"He is certainly not 5!" said the woman. "I've been married only four years."

"Madam," says the driver, "I take fares, not confessions."

Word Search

ELVIS PRESLEY



K S P I N O U T U P E L O C
M W C J F L S P E E D W A Y
T I G F X I K M G R O P G C
B I L R D S I G U O U J Y H
Z G T I A A N M I C G V R A
C R N C T M G F T K H Q A R
H A I O H A M B A A N C T R
U C X N V R R Y R B U E I O
R E O C N I K Y N I T L O N
C L N E Z E C O L L S V N S
H A P R I S C I L L A I S O
U N L T L I K K F Y X S M J
T D W S Q D I V O R C E M Z
U W T B R O C K N R O L L A

MGM

Divorce

Grammy

Doughnuts

Priscilla

Graceland

Spinout

Tupelo

Rocknroll

King

Concerts

Charro

Church

Gyrations

Elvis

Nixon

Rockabilly

Guitar

Military

Lisa Marie