

# NEWSLETTER

August 2023 – Summer Edition



GOLDEN HILLS  
*Lodge*

## Hello Residents, Families and Friends!

I want to thank you all for your patience during my time away in July. My family and I had a wonderful time together and we are so thankful for the opportunity to go away on vacation!

August is upon us and we have a few special events planned as well as many regular daily activities that will help encourage overall wellness, strength and balance in your lives.

Please check out the events page on the backside of our newsletter for a list of the special events, and regular activities we have scheduled for the month of August.

We plan to have an End of Summer Parking Lot party Thursday August 31<sup>st</sup>. Invites will be sent out soon.

I encourage you all to continue walking and if you can, recording your miles! You have all been doing wonderfully and I cannot believe how many miles we have already logged!

I am looking forward to another summer month with you all!

## NOTICEBOARD

### New Residents

A very warm welcome to:  
**Larry and Audrey Clarke  
Grant and Jean Alfreds**

We hope you enjoy your time here!

### Sign-up Sheets

Please check out our bus trip sign up sheets located on the bulletin board outside Jim's Office.

### Library Service

We have two libraries in the Lodge and would encourage all residents to access this whenever they would like. Please ensure you return your books to the box located in the library you took the book from. Our resident Library Volunteer will then categorize the books.

### Garden

Thank you to all our residents who have brought in such wonderful potted flowers! Please remember you are responsible for the upkeep and watering of your personal flowerpots. We have resident volunteers watering the large pots/flower beds.



**Dan Wiebe – Aug 21**

**Ken Klassen – Aug 24**

**Clarence Creasser – Aug 29**

**George Weich – Aug 30**

*Please join us in the auditorium  
Wednesday Aug 23<sup>rd</sup> @ 2pm  
To celebrate*

## Special Days in August

1st	Horses' Birthday
2nd	Forgiveness Day
4th	Beer Day
8th	Cat Day
9th	Indigenous Day
12th	Intl. Youth Day
13th	Left-Handers Day
15th	Ferragosto Festival
15th	Indian Independence
19th	Lighthouse Weekend
25th	Daffodil Day

Why doesn't the sun go to college?  
*Because it already has a million degrees!*

Life is 10% what happens to you and  
90% how you react to it.

- Charles R. Swindoll

# Upcoming Events



**Mixed Men's/Ladies Coffee Break** Tuesday Aug 1st at 10:00am on the Gazebo Deck: weather permitting.

**Ice Cream and Fresh Raspberries from Brianne's Yard**

Thursday August 3<sup>rd</sup> @ 3:00pm in Gazebo

**Drum Class**

Friday August 4<sup>th</sup> @ 2:00pm in Auditorium

**Daycare Walker Carwash**

Wednesday August 9<sup>th</sup> @ 1:00pm Garden Deck

**TED Talk Thursday**

Thursday August 10<sup>th</sup> @ 2:00pm in Auditorium

**Dance Celebrations Summer Performance** Friday August 11<sup>th</sup> 1:45pm-2:15pm in Auditorium.

**Tie Dying Craft:** Wednesday August 16<sup>th</sup> @ 2:00pm in Auditorium: Bring Something White to Tie Dye.

**Aviation Day**

Friday August 18<sup>th</sup>: Paper Airplane Challenge @ 10:30am and Manufacturing the Mega Airbus Plane Documentary at 2:00pm in Auditorium.

**Smoeres Box Experiment**

Thursday August 24<sup>th</sup> at 2:00pm on Gazebo Deck.

**Rhubarb Pie Making** Monday August 28<sup>th</sup> at 1:00pm in ¾ kitchen.

**Movie Matinee: *The King and I*** Roger's/Hammerstein

Tuesday August 29<sup>th</sup> @ 2:00pm Part 1,

Wednesday August 30<sup>th</sup> @ 2:00pm Part 2



**End of Summer Family and Friends Parking Lot Party**

Thursday August 31<sup>st</sup> at 2:00pm – 4:00pm in the Parking Lot

## Regular Events

**Walking Group** every

Tuesday at 11:00am

**Ministerial Service** every

Sunday at 4:00pm

**IDA Tuck Shop:** Tuesday

August 8<sup>th</sup> at 10:30-11:30am

**Vitamin B12 Clinic:**

Wednesday August 9<sup>th</sup> @ 10:00 am.

**ATB Financial Bank:**

Thursday August 10<sup>th</sup> at 9am

**Birthday Tea:** Wednesday

August 23<sup>rd</sup> at 2:00pm in Auditorium.

**Group Gardening Times:**

Thursday August 10<sup>th</sup> @

11am and Monday August 21<sup>st</sup> @ 2:00pm.

**\*Nimble Fingers Knitting**

**Group will resume in**

**September.**