

June 2024 - Golden Hills Lodge, Three Hills AB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BLUE: Physical Domain ORANGE: Cognitive/Brain Domain GREEN: Emotional Domain PURPLE: Social Domain RED: Entertainment BLACK: Regular Monthly Activities ** Calander subject to change, check white board daily.</p>						1. Have a great Day
2 10:30 Church Service 3:30 Hymm Sing 4:00 Three Hills Ministerial Service	3. 9:15 Exercises: Balance & Mobilty 10:00 5 Crowns 2:00 Parade Meeting	4. 9:15: Exercises: Stretching 10:00 Mens/ Ladies Coffee Break 2:00 -Ladder Golf/ Outside Weather Pending In the Courtyard	5 9:15 Exercises: Weights 10:00 - Connect 4 2:00 Quiddler	6 9:15 Exercises: Balance & Mobilty 10:00- 5 Crowns 11:00 Gardening 2:00 Bocce Ball Outside	7 9:15 Exercises: Stretching 10:00 B12 10:30 Quiddler 2:00 - BINGO	8 Have a great Day!
9 10:30 Church Service 3:30 Hymm Sing 4:00 Three Hills Ministerial Service	10 9:15 Exercises 10:00 5 Crowns 2:00 Axe Throwing 3:00 Parade Prep	11 9:15 Exercises: Balance & Mobilty 10:00 Quiddler 10:30-11:30 IDA Tuck Shop 11:00 Walking Group (outdoor) 2:00 Lawn Darts Weather Pending	12 9:15 Exercises 10:00 Skip BO 2:00 Campfire sing along	13. 9:00 ATB Financial 9:30 Exercises 10:15 Kindergarten visit fr PCA 2:00 Walk to Anderson Park, weather pending	14 9:15 Exercises 10:00 Crokinole Fathers Day BBQ 2:00-Gospel Music Jukebox Request	15 Have a great day!
16 Father's Day 10:30 Church Service 3:30 Hymm Sing 4:00 Three Hills Ministerial Service	17 9:15 Exercises: Stretching 10:00 5 Crowns 2:00 - Gardening Time 3:00 - Tin Can Shooting Gallery	18 7:50 Men's Fathers Day Breakfast in Coffee Room 9:15 Exercises: Balance & Mobilty 10:00 Skip Bo 11:00 Walking Group 2:00 Residents Meeting	19 9:15 Exercises: Weights 10:00 Brain Boost 2:00 Birthday Tea	20 9:15 Exercises: Balance & Mobilty 10:00 Ladder Golf 2:00 Lemonade and Short Stories 3:00 Quiddler	21 9-11:00 If The Shoe Fit 10:00 5 Crowns 2:00 Exercises: Stretching 3:00 Skip BO	22 Have a great day!
23 10:30 Church Service 3:30 Hymm Sing 4:00 Three Hills Ministerial Service	24 9:15 Exercises: Stretching 10:00 5 Crowns Enjoy your Week, Ami's Holidays start	25 Ami's Away 9:15 Exercises: Balance & Mobilty 10:00 Quiddler (Resident Led) 11:00 Walking Group (indoor) 2:00 Coloring Station in Coffee Room	26 Ami's Away 9:15 Exercises: Weights 10:30 - 5 Crowns (Resident Led) 2:00 Crossword Puzzles	27 Ami's Away 9:15 - Exercises: Balance and Mobilty 10:00 Skip BO (Resident Led) 2:00 Brain Teasers	28 Ami's Away 9:15 - Exercises 10:00 Crokinole/ 5 Crowns in auditorium (Resident Led) 2:00 Friday Walk	29 Have a Great Day !
30 10:30 Church Service 3:30 Hymm Sing 4:00 Three Hills Ministerial Service						